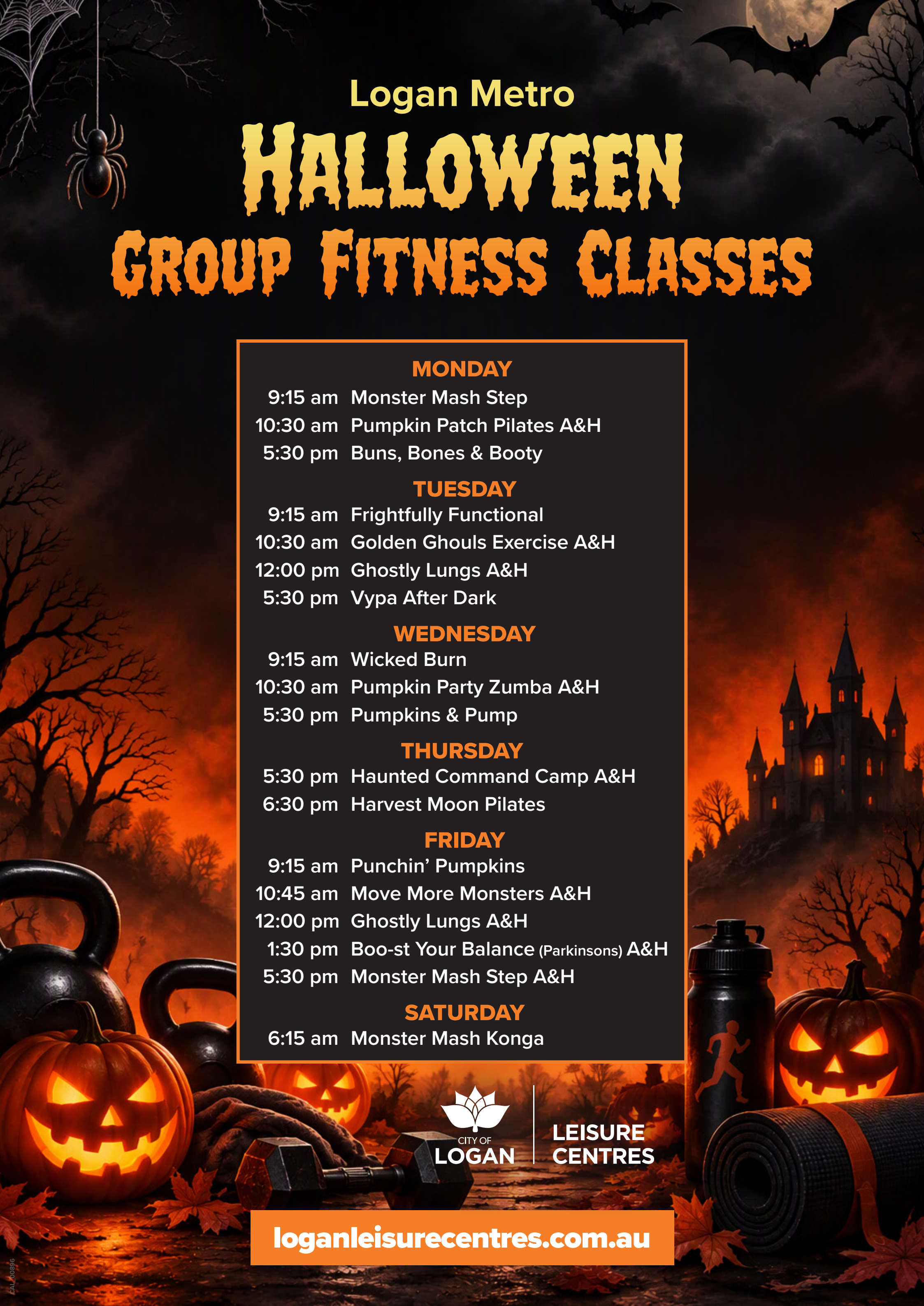




Logan Metro HALLOWEEN GROUP FITNESS CLASSES

MONDAY

- 9:15 am Monster Mash Step
- 10:30 am Pumpkin Patch Pilates A&H
- 5:30 pm Buns, Bones & Booty

TUESDAY

- 9:15 am Frightfully Functional
- 10:30 am Golden Ghouls Exercise A&H
- 12:00 pm Ghostly Lungs A&H
- 5:30 pm Vypa After Dark

WEDNESDAY

- 9:15 am Wicked Burn
- 10:30 am Pumpkin Party Zumba A&H
- 5:30 pm Pumpkins & Pump

THURSDAY

- 5:30 pm Haunted Command Camp A&H
- 6:30 pm Harvest Moon Pilates

FRIDAY

- 9:15 am Punchin' Pumpkins
- 10:45 am Move More Monsters A&H
- 12:00 pm Ghostly Lungs A&H
- 1:30 pm Boo-st Your Balance (Parkinsons) A&H
- 5:30 pm Monster Mash Step A&H

SATURDAY

- 6:15 am Monster Mash Konga



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